

# City of Chino

## *PHYSICAL PROFILE DEFINITIONS*

### Category I - Light Physical Effort

#### Definition

Positions in this category require normal physical abilities associated with the ability to read, write, and communicate in a work environment requiring no extraordinary physical strength or special physical qualifications.

#### Characteristics

Work assignments for this category are normally located in a work environment which has no unusual physical requirements or environmental conditions, unless separately identified. Positions in this category require only light physical effort while performing such functions as typing, writing, filing, computing, operating light office equipment, interviewing, counseling, researching, planning, analyzing, and supervising. Positions allocated to this category are distinguished by a lack of duties involving strenuous activities. These positions seldom lift more than 20 pounds.

### Category II - Moderate Physical Effort

#### Definition

Work assignments for this category require moderate physical exertion associated with the ability to lift, carry, push, pull or climb.

#### Characteristics

Classes in this category require a physical capability for sustained physical work of a moderate nature. Physical requirements may vary from position to position, but do not require the strength and endurance usually associated with heavy physical effort. Moderate physical effort is required while performing tasks such as general automotive repair work, painting, supervision, and restraint of juveniles, etc.

### Category III - Heavy Physical Effort

#### Definition

Positions in this category require exceptional physical ability associated with prolonged periods of heavy physical labor.

#### Characteristics

Positions allocated to this category regularly perform heavy physical labor requiring ability to lift, carry, push, pull, and move heavy objects or materials. This category is distinguished from the moderate physical effort category by the greater physical demand for strength and endurance placed on the incumbent. Heavy physical effort is required while performing such tasks as operating heavy equipment, pouring concrete, masonry work, or preparing soil for landscaping. Physical functions may vary from position to position, but always involve heavy physical exertion.

Category IV - Public Safety

Definition

Positions in this category are involved in active public safety duties, which involve the safeguarding of individuals, public and property. Incumbents are required to meet the physical standards to insure the ability to carry out this responsibility.

Characteristics

Positions in this category are actively and principally engaged in the enforcement of public laws or in protecting the public from physical harm and danger. The positions typically included in this category are peace officers and firefighters, whose every day duties place high priority and demands on top physical fitness and agility.

Sub-Factor Index

1. Lifting, Moderate  
Lifting 50 pounds maximum with frequent lifting, pushing and/or carrying of objects weighing up to 25 pounds.
2. Lifting, Heavy  
Lifting over 50 pounds, with frequent lifting, pushing and/or carrying of objects weighing over 25 pounds.
3. Climbing  
Ascending or descending ladders, ramps, scaffolding, poles and the like; using feet and legs, and/or hands and arms.
4. Reaching  
Reaching above the shoulders to place and/or retrieve objects.
5. Walking  
Ability to walk for prolonged periods of time (usually a minimum of two or more hours per day).
6. Standing  
Ability to stand with little movement for long periods of time (usually a minimum of two or more hours per day).
7. Sitting  
Ability to sit with little movement for long periods of time (usually a minimum of two or more hours per day).
8. Agility  
Ability to move quickly and easily often including the ability to crawl, stoop or bend.
9. Color Vision  
Ability to identify and distinguish colors.

*PHYSICAL PROFILE DEFINITIONS*

*Sub-Factor Index (continued)*

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10. Distant Vision, Good  
Without correction vision not less than 20/100 in each eye, which must correct to 20/30.
11. Distant Vision, Excellent  
Without correction vision not less than 20/40 in each eye, which must correct to 20/20 in one eye and not less than 20/25 in the other eye.
12. Distant Vision, Acceptable for Driving  
Not less than 20/40 in each eye without correction or must correct to 20/40 in each eye and wear corrective lenses whenever driving.
13. Temperatures  
Works in temperatures sufficiently high or low to cause marked bodily discomfort.
14. Chemical or Biological Agents  
Regular contact with potentially harmful chemical or biological agents.
15. Fumes  
Potential inhalation or contact with smoke, vapors, dust or gases.
16. Heavy Equipment  
Operates various heavy equipment such as tractors, backhoes, graders, trucks, etc.
17. Power Equipment  
Operates power tools or other machinery that are potentially hazardous.
18. Work Environment - Outdoors  
Ability to work outdoors in all types of weather conditions.
19. Work Environment - Moving Objects  
Ability to work around moving objects, machinery or vehicles.
20. Work Environment - Surfaces  
Ability to walk on slippery or uneven surfaces.
21. Confined Space Entry  
Ability to work in confined spaces using appropriate safety equipment.
22. Heights  
Ability to work on surfaces above 20 feet.